

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
street city state zip

Phone: \_\_\_\_\_  
mobile home work

Birthdate: \_\_\_\_\_ Sex: M F Marital Status: M S D W

Profession: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Primary Insurance Company: \_\_\_\_\_

ID # \_\_\_\_\_ Group# \_\_\_\_\_

Relationship to Insured: Self \_\_\_\_\_ Spouse \_\_\_\_\_ Child \_\_\_\_\_ Other \_\_\_\_\_

Insured Name & Birthdate: \_\_\_\_\_

Secondary Insurance Company: \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_

Relationship to Insured: Self \_\_\_\_\_ Spouse \_\_\_\_\_ Child \_\_\_\_\_ Other \_\_\_\_\_

Insured Name & Birthdate: \_\_\_\_\_

- I authorize release of this form on all my insurance submissions.
- I authorize release of information to all my insurance carriers.
- I understand that I am responsible for the timely submission of a referral, if required.
- I authorize payment directly to Lori Kolodin, MPH, RD.
- I permit a copy of this authorization to be used in place of the original.
- I understand that I am responsible for my bill.

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Signature of patient

Date

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Name & signature of legally authorized person

Date

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Full Name \_\_\_\_\_ Birthdate: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Email: \_\_\_\_\_

Do you exercise? Please describe: \_\_\_\_\_

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**Medical Conditions (please describe when applicable):**

**Asthma**

**Cancer**

**Cardiovascular Disease**

**Diabetes**

**Drug Dependency**

**Eating Disorder**

**Food Allergies**

**Gastrointestinal Disease**

**Kidney Disease**

**Headaches**

**Heart Attack**

**High Cholesterol**

**Hypertension**

**Menstrual Problems**

**Mental Health Problems**

**Obesity**

**Osteoporosis**

**Rheumatological Disease**

**Other**

**Please list your current medications:**

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**Surgical history:** \_\_\_\_\_

**Physician's name** \_\_\_\_\_

**Please list your current supplements:**

\_\_\_\_\_  
\_\_\_\_\_

**Alcohol consumption:**

\_\_\_\_\_

**Smoking history:**

\_\_\_\_\_

**Recreational drug use:**

\_\_\_\_\_

**Number of persons that live with you:**

\_\_\_\_\_

**Please best describe the following as it pertains to your current lifestyle:**

**Grocery shopping:** \_\_\_\_\_

**Cooking habits:** \_\_\_\_\_

**Meal preparation:** \_\_\_\_\_

**Dining out:** \_\_\_\_\_

**Family dinners:** \_\_\_\_\_

**What is your profession?** \_\_\_\_\_

**Are you employed? Yes** \_\_\_\_\_ **No** \_\_\_\_\_ **If yes, please specify: full time** \_\_\_\_\_ **part time** \_\_\_\_\_

**Please list all foods and beverages that you've eaten over the past 24 hours:**

breakfast                      lunch                      dinner                      snacks

The purpose of my practice is to provide you with the best possible care. If you have health insurance, I am committed to helping you receive maximum allowable benefits. In order to achieve these benefits, I need you to understand my office policy.

It is the **patient's responsibility** to verify their health insurance benefits prior to their initial visit. It is your responsibility to understand how your insurance works and know what is required in terms of copays, referrals, authorizations, deductibles, and covered and non-covered services.

Payment will be collected at the end of each session for all copays and other non-covered services, when applicable. I accept credit cards, checks and cash.

Cancellations less than 24 hours prior to scheduled appointments will be charged a \$50.00 fee; please be considerate.

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Signature of patient

date

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Name & signature of legally authorized person

date